

COMPANIONS CONFERENCE 2019 REGISTRATION

Please apply by 24 April 2019

Online Preferred:

<https://www.trybooking.com/BAVRH>

OR

MANUAL Please fill out details and post to
address below.

I am currently a member of Companions

Name

Address

.....

.....

Phone

Email

Conference (Live in):

Ensuite - AUD \$530

Barak House - AUD \$530

Shared bathroom - AUD \$485

Please tick only _____
one **Conference (Live out) - AUD\$300**

Includes all meals except breakfast

Special Dietary Requirements
.....

TOTAL PAYMENT ENCLOSED Cheque TICK BOX

or **EFT – CMISE, BSB: 313140 Acct No: 23137788**

Ref: Your name, Conf.

Please Detach and post this to:

COMPANIONS CMISE

C/o Campion Ignatian Spirituality Centre

99 Studley Park Road

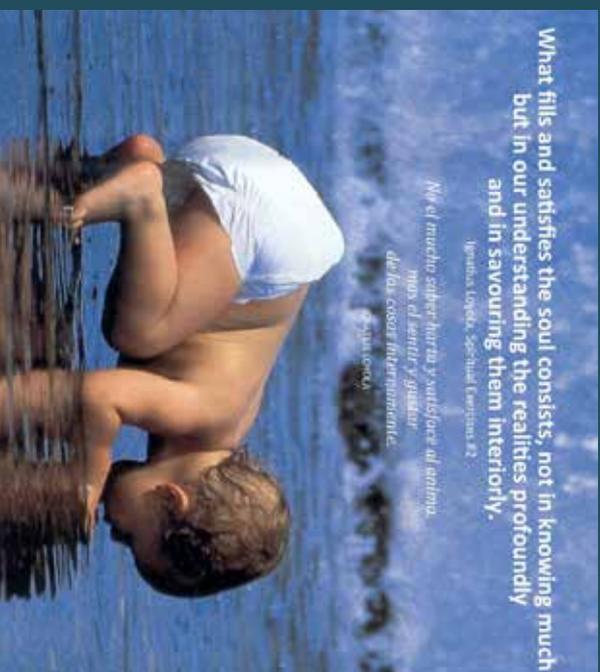
KEW, MELBOURNE, VIC 3101

AUSTRALIA

Conference Convenor: Iain Radvan

If you have any queries regarding the conference
email Iain Radvan inavdar@yahoo.com or Mary
McInerney mcinerneym22@gmail.com or call Iain's
mobile +61 431 549554

If you require transport from Melbourne Airport
to Amberley please arrange to arrive at the airport
by 3.00pm on the 8th May so group Taxis can be
arranged. Return flight bookings no earlier than 4pm
Sat 11th May.



COMPANIONS' CONFERENCE 2019

Companions in the Ministry of
the Ignatian Spiritual Exercises



**Ignatian Spirituality
&
the Wisdom of the Body**



Wednesday May 8th 4pm to Saturday

May 11th 1.30pm

Edmund Rice Centre

Amberley, 7 Amberley Way, Lower Plenty VIC

3093 Australia

CONTRIBUTORS

Jo Kennedy: Jo is a Focusing teacher coming from a background in the arts, as an actor, writer and director. Her interest in creative work led her to Focusing, which she describes as opening the door of attention to the body; *'Learning to listen into this deep, more bodily knowing has given me the gift of myself.'* Based in Melbourne Jo founded Focusing Australia in 2008 and trains people from around the world in the Focusing process.

'Focusing is the process of slowing down to listen to the living wisdom in our own bodies.'

"Your physically felt body is in fact part of a gigantic system of here and other places, now and other times, you and other people -in fact, the whole universe. This sense of being bodily alive in a vast system is the body as it is felt from inside." Gene Gendlin

Kevin Gallagher MA(SD): Kevin is a Physiotherapist and Spiritual Director from New Zealand. Kevin's MA research paper was titled *The Spiritual Exercises and The Body*. He is coordinator of Ignatian Spirituality NZ and is a faculty member of Te Wairua Mahi New Zealand's formation course in the Ministry of Spiritual Direction in the Ignatian Tradition.

"Ignatius' understanding of embodiment evolved as he was attentive to his experiences and learned from these. The text of the Spiritual Exercises offers strategies intended to lead exercitants to embodied experiences of God."

Robyn Fitzgerald: Robyn is a Spiritual Director and Giver of the Ignatian Spiritual Exercises in private practice living in northern NSW. She offers regular meditation and enjoys nurturing contemplative life through conversation and silence.

All of your soul's experience has come through your body. All of Jesus' human soul's earthly experience came to it through his body. Your physical body records and remembers all those experiences that have passed through it.....your body makes you uniquely you.....and as uniquely you..... an integral part of the Body of Christ. - Louis M Savary

Anne Pate MA(SD): Anne is a member of the retreat team at the Campion Centre of Ignatian Spirituality in Melbourne, and holds spiritual formation roles with the Mercy Sisters in Victoria and with her church community, which meets in a Melbourne pub. Anne worked for several years as course coordinator and lecturer in Ignatian spirituality and spiritual direction at Jesuit College of Spirituality. Anne is in the early stages of a PhD focusing on how people remember their spiritual experience after the Exercises have been completed.

Dr Peter Saunders: Spiritual Director and Supervisor Co-Ordinator, Being with God in Nature Ministry Campion Centre of Ignatian Spirituality, Melbourne. *"I have a great commitment to inviting people into that encounter with the Presence that is God in all Creation leading to ecological conversion and a desire to live in harmony with Earth. We will do this by spending time in Nature, taking a contemplative stance using all our senses, listening to our body and our experience of being with God in Nature."*

INTRODUCTION

The foundations of Ignatian Spirituality are the Spiritual Exercises of St Ignatius of Loyola. Ignatius' own understanding of the body changed as he attended to his experiences. He clearly envisioned the body as 'Temple' in the Spiritual Exercises and also offers wise directives and strategies that can be described as a mysticism of embodiment. This conference will explore the wisdom of the body in light of the Spiritual Exercises. Ignatian guidelines for prayer and decision-making or election emphasize the integration of thought, affectivity, imagination and sensation. The Ignatian Spiritual Director therefore understands the Spiritual Exercises as an early form of holistic spirituality.

Participants will explore ways of attuning to their own body's wisdom and explore together ways to reference the body in giving the Spiritual Exercises and spiritual direction in the Ignatian Tradition.

An emphasis on experiential learning will preface sessions and contributions in a lively and spacious, active reflective Ignatian process throughout the conference.

ABORIGINAL AND TORRES STRAIT ISLANDER PEOPLES

Aware of Indigenous peoples understanding of the interconnectedness of body and land, our conference begins with local Aboriginal and Torres Strait Islander peoples ceremony at 7pm on Wednesday 8th May 'Embodied Connection and Welcome to this Land'.

