

Companions in the Ministry of the Ignatian Spiritual Exercises

Online Conference 27-28 August 2022



Healing False God Representations

How the Spiritual Exercises can enhance a person's well-being.

Registration via Trybooking: <https://www.trybooking.com/CBMSF>

Dr Michael Smith SJ is a lecturer in the Master of Spiritual Direction at Australian Catholic University. From 2000-2016, he was the Academic Dean of Jesuit College of Spirituality in Melbourne which he helped to found. JCS offered postgraduate courses in spirituality, supervision and leadership through the University of Divinity. From 2017-2019 he was the International Education Officer and the Director of Mission and Identity for Jesuit Refugee Service at the International Office in Rome



Dr Annemarie Paulin-Campbell works for the Jesuit Institute South Africa focusing on the training and supervision of spiritual directors and givers of the Spiritual Exercises. She co-ordinates and teaches an online international training course for Givers of the Exercises co-hosted by the Jesuit Institute South Africa and the Martin Institute in the United States with students from around the world. She is co-author with Elizabeth Liebert of the revised edition of "Spiritual Exercises Reclaimed: Liberating Possibilities for Women." She lives in Johannesburg and loves travel, writing and catching early morning sunrises.



Anne Pate is passionate about Ignatian spirituality and the power of the Spiritual Exercises to transform lives. She completed the Arrupe® Program and Master of Arts in Spiritual Direction in 2013. Based in Melbourne, Anne offers spiritual direction and the Spiritual Exercises in association with Jesuit and Ignatian Spirituality Australia, and supervises spiritual directors and others in ministry. Anne formerly taught Ignatian spirituality and spiritual direction at Jesuit College of Spirituality. She is completing PhD research into the importance of narrative practices in the Fifth Week after the Spiritual Exercises, and teaches in the University of Divinity Professional Supervision program. Anne enjoys hanging out at home with Daisy the mischievous Labrador, painting, and travelling the world with her husband Alister.



Sat 27 August 2022, 9-11am (AEST)

FELT-SENSE

How your body carries images of God and self

Michael Smith SJ

Sometimes what we think about and talk out loud is not what is really going on interiorly. This session will explore the use of focusing — a therapeutic intervention pioneered by Eugene Gendlin — to help people get in touch with what they are carrying in their bodies. Participants will learn the focusing process, and then work in pairs to uncover images of God and self, with a view to possibly incorporating this practice into their respective ministries.

Sat 27th August 2022, 2-4 pm (AEST)

**ENABLING NEW GOD AND SELF-
REPRESENTATIONS**

The power of Imaginative Contemplation

Annemarie Paulin-Campbell

In this session we will think about the impact of imaginal and dialogical processes in the Spiritual Exercises on God and self-representations. In particular, we will begin to explore some of the psychological and spiritual dynamics at work in facilitating these shifts. Through reflection on our own experience and spiritual conversation we will increase our awareness of the power and potential of imaginative prayer to facilitate sustained and positive shifts in the God and self-representations of those we accompany.

Sun 28 August 2022, 9-11am (AEST)

**SUSTAINING POSITIVE SHIFTS IN IMAGES OF
GOD AND SELF**

*The Fifth Week invitation to remember, ponder
and respond to the gifts of the Spiritual Exercises*

Anne Pate

In this session, we will explore how prayerfully remembering and telling our stories of transformation can help to sustain positive shifts in images of God and self, so that the seeds planted during the Exercises take root and flourish. In prayer and spiritual conversation with one another, we will reflect on our personal experience of integrating the gifts we have received. The session will foster a greater awareness of how we can best accompany directees in the Fifth Week of the remainder of life.

Registration via Trybooking:

<https://www.trybooking.com/CBMSF>

Free for Companion members

For more information, please contact:

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